Nursing

Credential Awarded	**Associate in Science**
HEGIS	**5208.00**
Contact Hours	**1440**
Program Quarter Credits	**69**
Instructional Weeks	**75**
Total Clock Hours	**including Recognized Homework Hours: 1440**
Mode of Delivery	**Residential**

Clinical times are scheduled based on the availability of the clinical sites and may occur during daytime hours, evenings, nights, weekends, and holidays as assigned.

Nursing Mission, Goals, And Student Learning Objective

Mission

It is the mission of St. Paul's School of Nursing's nursing programs to serve the needs of society by offering excellent nursing programs that exemplify the highest standards and educational outcomes. The nursing programs are based upon contemporary, educationally sound, conceptual frameworks, which include supporting concepts of critical thinking, nursing process, therapeutic interventions, therapeutic communication, and leadership to help students develop and expand their nursing roles. These programs emphasize the values of caring and advocacy, professional accountability, and professional ethics. Both faculty and students reflect these attributes when serving the needs of society in their respective roles.

Philosophy

The Nursing Department aligns the programs' philosophy, outcomes, and curricula with the mission and philosophy of Education Affiliates. Nursing combines art, science, and human connection for healing, while health involves unity of mind, body, and spirit, including health within illness. St. Paul's School of Nursing's nursing programs are deeply rooted in a set of guiding philosophies aligned with our mission, vision, and trajectory. These principles form the core of our commitment to delivering exceptional education in healthcare.

Our approach is grounded in clinical competency, ensuring that learners possess the skills and knowledge needed for effective patient care. Communication and interpersonal skills are emphasized to create empathetic caregivers who excel in understanding and connecting with patients.

Holistic patient care underscores our dedication to treating patients comprehensively, addressing both their physical and emotional well-being. Collaboration and teamwork are central, recognizing the importance of harmonious interprofessional relationships in modern healthcare.

Ethical and professional practice are non-negotiable, instilling in our students the highest standards of integrity. Additionally, we equip learners with technological competence, recognizing the role of innovation in shaping contemporary healthcare.

These philosophies collectively define how we design programs, engage learners, and interact with stakeholders. With these principles, St. Paul's School of Nursing prepare healthcare professionals to make a meaningful impact, aligning our educational efforts with our greater mission.

Student Learning Outcomes

- Demonstrate a sound theory base incorporating nursing, liberal arts, and sciences.
- Exhibit the critical thinking skills necessary to promote self-care abilities.
- Utilize communication, teaching, and research concepts to provide quality health care to individuals and families.

- Utilize the nursing process to identify patient requisites/deficits to enhance self-care ability.
- Integrate the three practice roles (Nursing, Liberal Arts & Sciences) of the Associate of Science Degree in Nursing within the interdisciplinary health care system.
- Practice nursing within established ethical and legal standards of the profession.
- Accept personal and professional responsibility for developing self-actualization of social, educational, professional, and community pursuits by emulating the mission statement.

Upon graduation, the graduate is eligible to apply to take the National Council Licensure Examination NCLEX-RN. passage of which is required to obtain a license to practice nursing in the state of New York.

Graduation from the Associate of Science in Nursing program does not guarantee eligibility to sit for state licensure examination in this or any other state.

Plan of Study

Course Code	Name	Clock Hours	Semester Credits	Quarter Credits
ENG104	ENGLISH COMPOSITION	45	3	0
PSY103	GENERAL PSYCHOLOGY	45	3	0
BIO105	ANATOMY AND PHYSIOLOGY I	90	4	0
NUR100	FOUNDATIONS OF NURSING CONCEPTS	45	3	0
BIO106	ANATOMY AND PHYSIOLOGY II	90	4	0
NUT100	NUTRITIONAL THERAPY	15	1	0
NUR101	MEDICAL SURGICAL NURSING 1 - FUNDAMENTALS	120	5	0
NUR102	THERAPEUTIC COMMUNICATION	30	2	0
NUR103	MATH FOR MEDS	15	1	0
PSY203	HUMAN GROWTH AND DEVELOPMENT	45	3	0
BIO301	PHARMACOLOGY	45	3	0
NUR105	MEDICAL SURGICAL NURSING 2	135	5	0
NUR106	PEDIATRIC NURSING	75	3	0
ENG204	LITERATURE	45	3	0
BIO300	MICROBIOLOGY FOR HEALTH-RELATED SCIENCES	90	4	0
NUR201	MEDICAL SURGICAL NURSING 3	135	5	0
NUR203	OBSTETRIC AND NEONATAL NURSING	75	3	0
SOC107	PRINCIPLES OF SOCIOLOGY	45	3	0
NUR202	PSYCHIATRIC – MENTAL HEALTH NURSING	75	3	0
NUR205	MEDICAL SURGICAL NURSING 4	135	5	0
NUR206	PROFESSIONAL TRENDS IN NURSING	45	3	0
NUR207	NCLEX PREPARATION SEMINAR	0	0	0

ENG104, PSY103, BIO105, BIO106, NUT100, PSY203, BIO301, ENG204, SOC107: General education/other related courses

Course Descriptions

ENG104 : ENGLISH COMPOSITION

This course focuses on developing the critical thinking and reasoning skills necessary for writing comprehension and analysis of college reading material. Writing skills will include emphasis on utilizing the writing process, essay format, reference materials, research notes, and other sources necessary to create grammatically correct, well-organized, literate essay.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**
Prerequisites	**None**

PSY103 : GENERAL PSYCHOLOGY

This course provides a general overview of human psychology with special emphasis given to emotion. It begins with laying a foundation of psychology intertwined with critical thinking. Areas of study include the brain and human development, learning and memory, motivation and emotion, personality, psychological disorders and associated common therapies. This course discusses basic psychological concepts focusing on improving the quality of life thereby strengthening the ability to perceive, control and evaluate emotions of self and others.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**
Prerequisites	**None**

BIO105 : ANATOMY AND PHYSIOLOGY I

This course examines the human body in terms of its anatomical structures and physiological functions. Topics include the cell, tissues, integumentary, musculoskeletal and nervous system. Lecture topics correlate with laboratory sessions.

Semester Credits	**4**
Clock Hours	**90**
Lecture Hours	**45**
Lab Hours	**45**
Prerequisites	**None**

NUR100 : FOUNDATIONS OF NURSING CONCEPTS

This introductory course focuses on central concepts essential to the student's evolving knowledge base. The concepts involved in this course include, but are not limited to, historical perspectives of nursing, legal and ethical boundaries, critical thinking, cultural and spiritual influences, psychosocial nursing interventions, and fundamentals of scientific inquiry. It also introduces the student to the basic pharmacology concepts.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**
Prerequisites	**None**

BIO106 : ANATOMY AND PHYSIOLOGY II

This course examines the human body in terms of its anatomical structures and physiological functions. Topics include the endocrine, cardiovascular, lymphatic, immune, respiratory, digestive, urinary, and reproductive systems. Lecture topics correlate with laboratory sessions.

Semester Credits	**4**
Clock Hours	**90**
Lecture Hours	**45**
Lab Hours	**45**
Prerequisites	**BIO105**

NUT100 : NUTRITIONAL THERAPY

This course introduces the student to the basic principles of Diet Therapy as it affects human responses of adults on a wellness to illness continuum. Classroom learning experiences will assist the student in learning the dietary modifications needed when health is compromised. The student will be able to apply theoretical knowledge to clinical nursing practice.

Semester Credits	**1**
Clock Hours	**15**
Lecture Hours	**15**
Prerequisites	**None**

NUR101 : MEDICAL SURGICAL NURSING 1 - FUNDAMENTALS

This course focuses on the integration of cognitive and psychomotor domains of nursing practice. It introduces the students to the use of the nursing process as central to all nursing actions. Classroom, laboratory, and clinical experiences are provided to enable the student to acquire basic skills that focus on the self-care requisites of the adult.

Semester Credits	**5**

Clock Hours	**120**
Lecture Hours	**45**
Lab Hours	**30**
Clinical Hours	**45**
Prerequisites	**BIO105**, **NUR100**

NUR102 : THERAPEUTIC COMMUNICATION

This course focuses on the interactional process and components of communication. Factors facilitating therapeutic communication, as well as challenges, special client needs and barriers to effective communication, are examined. A practice component focuses on the use of therapeutic skills, attending skills and responding skills essential in establishing and maintaining effective nurse-client relationships while implementing the nursing process. Students will continue focusing on the psychosocial, physiological, and socio-cultural needs of clients.

Semester Credits	**2**
Clock Hours	**30**
Lecture Hours	**30**
Prerequisites	**None**

NUR103 : MATH FOR MEDS

This course provides the student with the opportunity to develop skills in the conversion of metric, apothecary and household dosages, and the mathematical skills necessary to compute medication dosages, calculate intravenous therapy flow rates, and to calculate advanced IV medication dosages for safe client care. A practice component focuses on supervised medication dosage calculations for adults and children, IV therapy flow rate calculations, and calculation of advanced IV medication dosages in compliance with client rights.

Semester Credits	**1**
Clock Hours	**15**
Lecture Hours	**15**
Prerequisites	**None**

PSY203 : HUMAN GROWTH AND DEVELOPMENT

This course focuses on the study of development and the aging process from birth to death, including methods of research, theoretical perspectives, as well as biological, social, and psychological changes.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**

Prerequisites	**PSY103**

BIO301 : PHARMACOLOGY

This course is designed to establish a strong foundation in basic pharmacologic principles. Such a foundation will enhance student understanding of drug therapies utilized for a variety of disease processes. Relevant physiology and pathophysiology for all major drug families are reviewed. Emphasis is placed on the clinical applications of varied drug families. Further, specific nursing implications demonstrating the application of pharmacology to nursing practice are stressed.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**
Prerequisites	**BIO105, BIO106, NUR101**

NUR105 : MEDICAL SURGICAL NURSING 2

This course is designed to expand the basic knowledge and skills the student has mastered in Fundamentals/MS 1, with emphasis on selected psychosocial, physiological, and sociocultural needs and deficits of the client. Emotional and behavioral responses during the process of maturation (throughout the life cycle) are examined. Aspects of Adult Health experiences are studied and analyzed. The nursing process approach is further developed in the classroom and clinical settings, as well as the nursing interventions and skills specific to these states.

Semester Credits	**5**
Clock Hours	**135**
Lecture Hours	**45**
Clinical Hours	**90**
Prerequisites	**BIO105, BIO106, NUR101, NUR103, Successful completion of Dosage Calculation Exam**

NUR106 : PEDIATRIC NURSING

This course is designed to expand the basic knowledge and skills the student has mastered in Fundamentals/MS 1, with emphasis on selected psychosocial, physiological, and sociocultural needs and deficits of the client. Emotional and behavioral responses during the process of maturation (throughout the life cycle) are examined. Aspects of Pediatric Health experiences are studied and analyzed. The nursing process approach is further developed in the classroom and clinical settings, as well as the nursing interventions and skills specific to these states.

Semester Credits	**3**
Clock Hours	**75**
Lecture Hours	**30**
Clinical Hours	**45**
Prerequisites	**BIO105, BIO106, NUR101, NUR103, Successful completion of Dosage Calculation Exam**

ENG204 : LITERATURE

This course in Genre of Literature provides the study of techniques and conventions of various literary genres, such as poetry, novels, short stories, biographies, journals, and essay. The course explores the relationship between form and meaning, specifically how genre shapes our literary understanding and experience.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**
Prerequisites	**ENG104**

BIO300 : MICROBIOLOGY FOR HEALTH-RELATED SCIENCES

Study of bacteria, molds, yeasts, and viruses, with emphasis on microorganisms associated with infectious diseases. Laboratory includes basic microbiological techniques, and procedures for sterilization and disinfecting.

Semester Credits	**4**
Clock Hours	**90**
Lecture Hours	**45**
Lab Hours	**45**
Prerequisites	**BIO105, BIO106**

NUR201 : MEDICAL SURGICAL NURSING 3

This course provides a greater depth of theoretical knowledge with emphasis on those health deficits which interfere with the patients' ability to manage and negotiate increasingly complex self- care needs. Adult health experiences are studied and analyzed. Students will be involved in active learning during the theoretical component of this course. The nursing process is used as a framework for identification and intervention in selected patient situations. Correlated clinical experience includes opportunities for the student to continue focusing on psychosocial, physiological, and sociocultural needs of patients.

Semester Credits	**5**
Clock Hours	**135**
Lecture Hours	**45**
Clinical Hours	**90**
Prerequisites	**BIO105, BIO106, BIO301, NUR103, NUR105, Successful completion of Dosage Calculation Exam**

NUR203 : OBSTETRIC AND NEONATAL NURSING

This course focuses on nursing actions to meet adult and child human responses within a family-centered setting. The student is introduced to the needs of family while emphasis is placed on the developmental stages of the newborn and the health needs of newborns and childbearing females. This course prepares the student to assume the role of provider of care for childbearing females and neonates. The clinical experience includes participation and observation in a variety of maternal/child settings, including antepartum, labor and delivery, postpartum and newborn nursery units.

Semester Credits	**3**
Clock Hours	**75**
Lecture Hours	**30**
Clinical Hours	**45**
Prerequisites	**BIO301, NUR105, Successful completion of Dosage Calculation Exam**

SOC107 : PRINCIPLES OF SOCIOLOGY

This course introduces students to the principles, methods, and major theoretical orientations of sociology. Students will examine cultural concepts, social structures, the function and influence of groups and social institutions, mechanisms for social control, and systemic inequality. Students will learn to discuss health from a sociological perspective and explore the processes of social change and effects of changing demographics.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**
Prerequisites	**None**

NUR202 : PSYCHIATRIC – MENTAL HEALTH NURSING

This course focuses on concepts basic to psychiatric-mental health nursing including neurobiology, therapeutic communication, cultural diversity, spirituality, family dynamics, loss and grieving, stress and coping, crisis intervention, violence, abuse, psychiatric disorders, and community resources. Mental health issues across the lifespan are explored. The course introduces specialized assessment and communication skills necessary for the care of the individual experiencing situational and maturational stressors as well as mental illness. Clinical experiences provide the student with the opportunity to develop assessment skills, communication skills, cultural awareness, nursing process, critical thinking skills, teaching skills, and collaborative skills in acute in-patient, chemical dependency, outpatient, and adolescent units.

Semester Credits	**3**
Clock Hours	**75**
Lecture Hours	**30**
Clinical Hours	**45**
Prerequisites	**BIO301, NUR105, Successful completion of Dosage Calculation Exam**

NUR205 : MEDICAL SURGICAL NURSING 4

This course is structured to assist the student to synthesize theoretical concepts in the formulation of inclusive nursing care plans for patients with multidimensional interdisciplinary self-care deficits. Emphasis is placed on advanced nursing interventions for selected groups of patients with complex medical-surgical health deficits. Correlated clinical experience includes opportunities for the student to continue focusing on psychosocial, physiological, and sociocultural needs of patients.

Semester Credits	**5**
Clock Hours	**135**
Lecture Hours	**45**
Clinical Hours	**90**
Prerequisites	**BIO300, NUR105, BIO301, NUR201, Successful completion of Dosage Calculation Exam**

NUR206 : PROFESSIONAL TRENDS IN NURSING

This comprehensive course addresses the current nursing trends and issues that define the practice of nursing. A broad variety of contemporary issues are explored, including legal and ethical values, research and evidence-based practice, work-related aspects of nursing such as unions and collective bargaining, as well as economic and political issues affecting health care today. The role of the nurse as provider of care, manager of care, and member within the discipline of nursing is further defined and studied. The student will develop a sense of accountability, develop critical thinking skills, and learn to formulate a basic legal-ethical framework for responsible decision-making in nursing practice.

Semester Credits	**3**
Clock Hours	**45**
Lecture Hours	**45**
Prerequisites	**BIO300, NUR105, BIO301, NUR201, Successful completion of Dosage Calculation Exam**

NUR207 : NCLEX PREPARATION SEMINAR

NCLEX Preparation Seminar is a seminar course designed to assist students in assimilating and applying core nursing content, while preparing to pass the NCLEX-RN Licensing Exam, first testing, and enter into practice. Students will actively engage in self-assessment, critical thinking, application of nursing content, and test taking skills development. The NCLEX-RN Test Plan, Kaplan and Evolve learning resources, and specialty exam performance/remediation data will be used to assist students in reviewing core nursing content and in developing an individualized study plan to pass the NCLEX-RN Licensing Exam. Students will meet their assigned mentors from the NCLEX-RN Licensure Exam Preparation Engagement Program to discuss best practices to pass the Licensing Exam, first testing.

Prerequisites	**NUR100, NUR101, NUR102, NUR103, NUR105, NUR106, NUR20,1NUR203.**
Corequisites	**NUR205 & NUR206.**